

COURSE OUTLINE: 2016-2017

Term 1
paultrapnell.com/1000

INTRODUCTORY PSYCHOLOGY: PSYC-1000

Section 12 MWF 10:30-11:20 Room 4M47

Section 7 MWF 11:30-12:20 Room 4M47

| | <i>Professor</i> | | <i>Psychology Office</i> | <i>Subject Pool Office</i> |
|---------------------|---------------------------|------------------------------|----------------------------|----------------------------|
| | <i>Term 1</i> | <i>Term 2</i> | | |
| Office | Dr. Paul Trapnell 4L39 | Dr. Mike Halldorson 4L04D | Carolynn Smallwood 4L41 | Karen Barkhouse 4L31 |
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| Office hours | By appointment | By appointment | | |

Course Description: This course provides an introduction to the scientific analysis of behaviour and mental activity from the biological, social, and individual perspectives. Major topics include the following: perception, motivation, learning, memory, intelligence, personality, states of consciousness, social interaction, developmental processes, hereditary and environmental influences, abnormal psychology, therapeutic methods, and procedures for collecting and summarizing data. Students are expected to participate directly or indirectly in the Department's ongoing research program. This course is a prerequisite for all other Psychology courses.

Learning Goals: Welcome to Introductory Psychology! The American Psychological Association (APA) has developed a list of goals for undergraduate education in psychology, and we are using these goals as guidelines for this course. By the end of this course you may not have fully attained all five of these goals, but you should be on the right path toward achieving them.

1. *Knowledge Base of Psychology:* Demonstrating familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.
2. *Research Methods in Psychology:* Understanding and applying research methods in psychology.
3. *Critical Thinking Skills in Psychology:* Respecting and using critical and creative thinking, skeptical inquiry, and, when possible, the scientific approach to solving problems related to behavior and mental processes.
4. *Application of Psychology:* Understanding and applying psychological principles to personal, social and organizational issues.
5. *Values in Psychology:* Valuing empirical evidence, tolerating ambiguity, acting ethically, and reflecting on other values that are the underpinnings of psychology as a science.

Course Mechanics: Classes will be primarily lecture format with some class discussions, activities, videos and demonstrations where possible. Students are encouraged to attend class, critically examine information presented in class, participate in discussions, demonstrations and exercises associated with the course, and read assigned course material. Class meetings will be used (a) to clarify, illustrate, and/or apply information presented in the text, (b) to delve more intensively into topics covered by the text, and (c) to examine material not discussed in the text. **Class meetings will not serve as mere duplications or repetitions of text material.** It is your responsibility to take notes during class.

Class Absence: Missed material is your responsibility. You must contact others in the class about missed material when you are absent, NOT the Instructor or Teaching Assistant. Below is room to record contact information for 4 classmates who you may want to contact if you need to get missed materials.

1. Name: _____ Contact Info: _____

2. Name: _____ Contact Info: _____

3. Name: _____ Contact Info: _____

Textbook: Psychology In Modules (11th Edition). D. G. Myers & C. N. DeWall, (2015).

Supplemental readings may be assigned in class.

LaunchPad: <http://www.macmillanhighered.com/launchpad/myers11einmodules/>

LaunchPad for your textbook is an online learning environment that integrates an interactive e-Book, activities, communication tools, an assignment centre, and grading system. To access LaunchPad for this course you will need to register the activation code found on the access card that was included with the purchase of your textbook.

Steps to register for LaunchPad:

If you are in **Section 12** (10:30-11:20), go here:

<http://www.macmillanhighered.com/launchpad/myers11einmodules/4220060>

If you are in **Section 7** (11:30-12:20), go here:

<http://www.macmillanhighered.com/launchpad/myers11einmodules/4220046>

2. Enter your code in the “New Student Registration” textbox, click “Submit”, and follow the instructions.

3. If you have any problems, please contact Technical Support. Representatives are available 24 hours a day, 7 days a week at the Support Center (<http://www.macmillanhighered.com/Catalog/support.aspx>) by chat or through their online form. Or from 9 a.m. to 3 a.m. EST, 7 days a week by phone at (800)936-6899. System Requirements for using LaunchPad: <http://www.macmillanhighered.com/sysreq>

LearningCurve: LaunchPad includes an adaptive quizzing engine called LearningCurve. LearningCurve facilitates your retention and understanding of course material through an approach known as “testing-to-learn”. [The textbook representative will be coming to class at the start of the semester to explain how to use Learning Curve].

Grading Components: **6 NON-cumulative tests + Research Requirement** (accumulating 6 research credits before the end of the course--please see the Appendix of this syllabus for details about the Research Requirement).

1. Six tests: 100% (3 in the 1st term, 3 in the 2nd term). There are six tests across the year. Each is worth the same. (16.66% x 6 = 100%). All six tests are NON-cumulative, (i.e., are based ONLY on the material since the preceding tests). Tests will be multiple choice and will assess BOTH material from the textbook and material from lectures. Distribution of questions between textbook and lectures is usually something like **70% from the textbook chapters and 30% from the lectures** but keep in mind that lectures overlap quite a bit with textbook information. You are responsible for taking lecture notes (or obtaining lecture notes from another class member—please see above) if a class is missed.

Please Note:

- a) You must bring Photo ID to each exam (e.g., your student card, or driver’s license), and at least one sharpened pencil, because the scantron exam answer sheets must be done in pencil.
- b) Electronic devices (e.g. calculators, cell phones, etc.) are banned for all tests. Please note that, during tests, all cell phones must be turned off.
- c) All tests are property of the Psychology Department. They must be returned to the instructor or teaching assistant following review, upon penalty of course failure.
- d) We do not have a lot of extra lecture time so we will normally not hand back or go over tests during class time. To see your test, please arrange an appointment with us or a teaching assistant.

Term 1 Test Dates and Required Readings:

| Test | Assigned Chapters | Date of Test | Notification of Changes |
|--|--|--|--|
| 1 | 1: Story of Psychology 2,3,4: Thinking Critically 5,6,7: Biology of Mind | Friday Oct. 7 th | <i>Adjustments might sometimes be made to text chapter assignments for each test. For example, not all chapters may be covered; chapters may not be covered in the textbook ordering of chapters, and, occasionally, exam dates are moved a little from the date given in the syllabus. When there are changes, announcements are always be made in class and repeated across many class days to ensure all students are aware of the changes.</i> |
| 2 | 8,9,10: Consciousness 18,19,20: Sensation-Perception | Friday, November 4 th | |
| 3 | 11,12,13: Nature-Nurture 29,30,31,32: Intelligence 46,47,48: Personality | Section 7 : Dec. 13 th , 1:30 Rm 4M47 Section 12: Dec. 19 th , 9:00 Rm 4M47 | |
| Makeup Test Day | | TBA | |
| <p><i>Please see the next page (further below) for the Term 2 test dates and assigned textbook modules for those tests.</i></p> | | | |

Note: October 10-14th is Reading Week (no classes). Friday, November 11th is Remembrance Day (no classes). February 20-24th is Reading Week (no classes). Monday, February 20th is Louis Riel Day (university is closed).

Missed Tests: Students will be allowed to write a make-up test if absent with good reason on a test date. Absences from tests will be excused for reasons relating to sickness, death in the family, or religious holidays. Make-ups will be given full value upon receipt of an adequate letter from a physician, member of the clergy, or undertaker, whatever the case may be. For any other reason, make-ups will be given but with 10 percentage points automatically dropped from the earned number of percentage points. If a test is not made up, you will automatically receive the equivalent of 25% correct which is the expected value under conditions of pure guessing. Such a mark is referred to as a “default”. Requests for writing a make-up of any type are to be made in the form of a letter and contain the reason for missing the test and all relevant dates. Note that if a make-up appointment is missed, you will be assigned a default value of 25% correct.

2. Intro Psychology Research Requirement: All students are expected to fulfill the subject-pool requirement by completing six credits worth of psychology experiments. **Failure to complete all 6 credits will result in your final grade being dropped one letter grade (e.g., from an A- to a B+).** See attached sheets at the end of this course outline or go to the Intro Psychology Research Requirement website on Nexus (<https://nexus.uwinnipeg.ca/>).

Grades: Letter grades will be assigned based on the following table, reduced by one step if the subject pool requirement is not met.

| | | | |
|---------------|------------|------------|-----------|
| A 86 and over | B+ 75 - 79 | C+ 65 - 69 | D 50 - 59 |
| A- 80 - 85 | B 70 - 74 | C 60 - 64 | F 0 - 49 |

A+ at instructor’s discretion

These cutoffs are tentative and may be changed in either direction by (i) the professor, (ii) the Departmental Review Committee, or (iii) the Senate, when circumstances warrant.

Term 2Webpage for Term 2 Marks**Test Dates and Required Readings:**<http://psychology.uwinnipeg.ca/1000/1030><http://psychology.uwinnipeg.ca/1000/1130>

| Week of | Topic | Readings |
|--------------------------------------|--|----------------------------------|
| Jan 02 | Learning | 21,22 |
| Jan 09 | Learning and Memory | 23,24 |
| Jan 16 | Memory | 25,26 |
| Jan 23 | Memory and Human Development | 14,15 |
| Jan 30 | Human Development | 16 |
| Fri Feb 03 | Test #4 | 14 - 16, 21 - 26 |
| Feb 06 | Motivation | 33,34,35 |
| Feb 13 | Motivation and Emotion | 36,37 |
| Feb 20 | <i>Reading Week. No Class, Feb 20 – 24.</i> | 38,39 |
| Feb 27 | Emotion and Stress | 40 |
| Fri Mar 03 | Test #5 | 33 - 40 |
| Mar 06 | Social Psychology | 42,43 |
| Mar 13 | Social Psychology and Psychological Disorders | 44,49,50 |
| Mar 20 | Psychological Disorders | 51,52 |
| Mar 27 | Therapy | 54,55 |
| Apr 03 | Therapy | 56 |
| Tu Apr 04 | Lectures End, Term 2 | |
| | Test #6 | |
| <u>Section 7:</u> | | |
| Wed Apr 12th, 1:30 | Test #6, Room: 4M47 | 42 – 44, 49 – 52, 54 - 56 |
| <u>Section 12:</u> | | |
| Wed Apr 19th, 9:00 | Test #6, Room: 4M47 | 42 – 44, 49 – 52, 54 - 56 |

The course timetable is only a guide to topics, as some topics may be added or deleted as time dictates.

Voluntary Withdrawal: The final date to withdraw from this course without penalty is **Thursday, January 19th**. Please refer to the General Calendar for Voluntary Withdrawal procedures. **NOTE:** You must formally withdraw from a course. If you simply stop going to classes, you may receive an “F” on your transcript and loss of tuition credit. *If you are considering withdrawing from this course, I encourage you to talk to me in case I can help in anyway.*

Services for Students with Disabilities: Students with documented disabilities, temporary or chronic medical conditions, requiring academic accommodations for tests/exams (e.g., private space) or during lectures/laboratories (e.g., access to volunteer note-takers) are encouraged to contact Accessibility Services (AS) at 786-9771 or email accessibilityservices@uwinnipeg.ca to discuss appropriate options. Specific information about AS is available on-line at <http://www.uwinnipeg.ca/accessibility>. All information about a student’s disability or medical condition remains confidential.

Counselling and Career Services: For career or academic guidelines, for personal problems, for STUDY SKILLS and note-taking, anxiety, etc., take advantage of the range of free counseling services to get the help you need to survive and succeed in university. Check out the Counselling homepage at <http://www.uwinnipeg.ca/index/counselling-services>

NOTE: If you feel that you have a medical or personal problem that is interfering with your work, you should contact one of us, Accessibility Services or Counselling Services as soon as possible. Problems may be documented and possible arrangements to assist you can be discussed at the time of occurrence rather than on a retroactive basis. In general, retroactive requests for grade revisions on medical or compassionate grounds will not be considered.

Academic Misconduct: Students are responsible for understanding the nature of and avoiding the occurrence of academic offenses. There is a section in the General Calendar on academic misconduct dealing with regulations on student discipline and grade appeals. <http://www.uwinnipeg.ca/academics/calendar/docs/regulationsandpolicies.pdf>.

Students facing a charge of academic or non-academic misconduct may choose to contact the University of Winnipeg Students’ Association (UWSA) where a student advocate will be available to answer any questions about the process, help with building a case, and ensuring students have access to support. For more information or to schedule an appointment, visit our website at www.theuwsa.ca/academic-advocacy or call 204-786-9780.

Office hours and appointments: If you have questions about the course material, would like to discuss issues related to the course in more detail, or would like to see your tests, you are always welcome to drop by my office or make an appointment to meet with me or a teaching assistant. I will not use office hours to go over course material you missed without a valid reason for missing class.

Religious Holy Days and Exam Dates. Students may choose not to attend classes or write examinations on holy days of their religion, but they must notify their instructors at least two weeks in advance. Instructors will then provide opportunity for students to make-up work and/or examinations without penalty. A list of religious holidays can be found at: <http://uwinnipeg.ca/academics/calendar/docs/important-notes.pdf>

Maintain a Respectful Learning Environment. All students, faculty and staff have the right to participate, learn and work in an environment that is free of harassment and discrimination. The UW Respectful Working and Learning Environment Policy may be found online at www.uwinnipeg.ca/respect.

Classroom Etiquette: Unauthorized talking-in-class and other seemingly minor disruptions (e.g., students arriving late or leaving early) have a negative impact on the class environment (ranging from being somewhat annoying to the rest of us to being downright rude and offensive). Attendance is voluntary. If you attend I expect you to be attentive and polite to others. Do not sit near others who seem to always want to communicate with you or amuse you through words, whispers, or smiles. You are expected to change your seat next class, if necessary. Resist being an accessory no matter how innocent it seems. If you must leave class early, please sit near the door. (Otherwise, early departures can be quite disruptive, no matter how carefully you try to arrange your exit.)

Avoid use of scented products in class. We ask that you please be respectful of the needs of classmates and instructors/professors by avoiding the use of unnecessary scented products while attending lectures. Exposure to scented products can trigger serious health reactions in persons with asthma, allergies, migraines or chemical sensitivities. Please consider using unscented necessary products and avoiding unnecessary products that are scented (e.g. perfume).

Other Information

The University of Winnipeg promotes a scent-free environment. Please be respectful of the needs of fellow classmates and the instructor by avoiding the use of scented products while attending lectures. Exposure to perfumes and other scented products (such as lotion) can trigger serious health reactions in persons with asthma, allergies, migraines or chemical sensitivities.

Students who plan to conduct research interviews, focus groups, surveys, or any other method of collecting data from any person, even a family member, must obtain the approval of the appropriate ethics committee before commencing data collection. Exceptions are research activities in class as a learning exercise. See <http://www.uwinnipeg.ca/research/human-ethics.html> for submission requirements and deadlines.

All students, faculty and staff have the right to participate, learn and work in an environment that is free of harassment and discrimination. The UW Respectful Working and Learning Environment Policy may be found online at www.uwinnipeg.ca/respect.

Tip: Read this outline more than once and keep it in your binder or somewhere you can reference it easily.
Enjoy the Course!

INTRODUCTORY PSYCHOLOGY RESEARCH REQUIREMENT PSYC 1000 Fall-Winter 2016-2017

Scientific knowledge about people depends on empirical research. In this course you will participate in research studies you choose or review relevant psychology papers. The studies cover various areas of Psychology, including memory, personality, emotions, and attitudes. Participation promotes deeper understanding of course content and the scientific process, and is much appreciated by Faculty and by Honours students who must complete research projects to graduate. Students present their research in April at our Undergraduate Research Conference. You are welcome to attend and see the results.

Briefly, you must obtain a number of research participation credits (these are not the same as course credit hours) that will be tracked and recorded in a program called SONA. More information is provided below and in the Nexus link to the Introductory Psychology Research Requirement. We want your participation to be an interesting learning experience and are interested in your feedback. Feedback and questions or concerns about this requirement can be directed to the coordinator, Karen Barkhouse, not your professor.

Karen Barkhouse, office 4L35, 786-9744, k.barkhouse@uwinnipeg.ca.

THREE WAYS TO OBTAIN CREDITS

1. Be an active participant in a research study: Choose from a list of studies in SONA and sign-up for an appropriate time slot (*not during your PSYC 1000 class time*). Read the description and requirements carefully noting pre-requisites and eligibility (e.g., some studies may require only females). Research studies vary in credits. Studies taking less than 30 minutes are worth .5 of a credit and those between 30 and 60 minutes are worth 1.0. Occasionally, longer or two-part studies are worth more than 1.0 credit. The credit value will be stated in the study description. Also, some studies occur on campus and others on-line that you can do anywhere on a computer. A maximum of 3.0 credits can be on-line studies and SONA will not allow you sign up for another on-line study if your account would exceed the 3.0 maximum. An article review credit is not counted as on-line credit. Please cancel any sign-up that you cannot attend, even if it is an on-line survey, so another participant can take your space.

2. **Journal Article Review:** Read and answer questions about a pre-selected journal article (from the list shown at the end). Articles are available at the Library and on the Research Requirement Nexus site. Follow the instructions on the Article Review Form. Reviews are subject to the same rules as other course assignments regarding academic misconduct such as plagiarism and unauthorized collaboration. Your review should show that you understood the research in the article and are graded on a PASS/FAIL basis. Acceptable reviews are worth 1.0 credit. Deposit them in the drop box outside of 4L41 or use the electronic drop box method in Nexus. An article review credit is not the same as an on-line study credit.

3. **Observer Status:** The observer-only option is for students who want to participate in a study but prefer to not have their results used. Observers do everything that regular participants do; however, in addition, must inform the researcher in advance that they opt for observer status. The researcher will then not use the results. Although this option is available for most studies, some studies cannot accommodate observers.

Your credits can be any combination of studies and/or article reviews; for example, 3.0 participation credits and 1.0 article review totals 4.0 credits.

MORE ABOUT THE RESEARCH STUDIES

Studies are conducted by Psychology Faculty or students doing research under the supervision of a professor. Studies are reviewed and approved by an Ethics Committee to ensure fairness and concern for participant well-being. If a study makes you uncomfortable once it has been explained, you may leave and still receive credit. Following each study, you will receive a full explanation and debriefing of the study. In the not too distant future you could very well be one of these researchers. One significant study and opportunity to earn your first on-line credit is the Fall Mass Testing in September.

INITIAL SETUP

At the start of term you will receive an email about how to register your SONA account. On your first log-in you will be asked to change the temporary password. You will also receive a 5 digit Identity Code that you must enter for every study to get credit. For anonymity, you will always be identified to researchers by a unique 5 digit SONA Identity Code. To obtain any type of research credit you must register your account and complete an initial pre-screen. Pre-screen questions are used for eligibility in future studies. This is your only opportunity to complete the screening and it will affect your ability to participate in all studies. ***If you do not receive an email with your user ID by the end of September, contact the coordinator, not your professor!***

MISSED APPOINTMENTS

To respect people's time, and to not disadvantage other students, please cancel appointments that you cannot attend -- ***even on-line ones*** – you do not need to give a reason. Researchers will do the same. Appointment reminders are always e-mailed to you the night before. If you have not cancelled in the time stated in the study description, you will receive a no-show penalty, and will have to make up more credits. Cancelling in SONA is easy or let the coordinator know by e-mail or telephone k.barkhouse@uwinnipeg.ca or 204-786-9744.

CALCULATION OF CREDITS AND PENALTIES

The 'Credits Earned' number shown on your SONA profile is your running total, including any credit penalties assessed against you. The 'Credits Needed' number is the total credit requirement not the amount of credits that you still need. The number of credits you still need is the difference between credits earned and credits needed. A credit-penalty is the loss of that study's credit value due to a no-show. For example, if you signed up for a study but you didn't show up and you didn't cancel in SONA, then the result is two-fold, no credit is earned for

that study, *plus* the credit value for that missed study is **deducted** from your account.

WHEN TO START AND FINISH

Studies will begin in September, but the majority will be in second term and continue until shortly after the end of class in April 2017. But start checking SONA as soon as possible. If you log into SONA and don't see studies, then none are available or the timeslots of recent studies are full ... keep checking. Through the year you will also receive emails when a new study is posted. If at the end of term you find yourself short of credits you can make them up by doing article reviews. If you drop this course and SONA is still sending you messages, just send a quick reply or note to the coordinator to remove you.

HOW THIS ASSIGNMENT AFFECTS YOUR GRADE

To PASS this assignment, students in the daytime sections must earn a net total of 6.0 research credits in SONA, with a maximum of 3.0 on-line credits. Evening students need a net total of 4.0 research credits, with a maximum of 2.0 on-line credits. Your ending participation credits are reported to your professor. If you fail to complete the research requirement, your final mark in the course is reduced by one letter grade; for example, from B+ to B, C to D, or D to F.

SELECTION OF JOURNAL ARTICLES TO REVIEW

1. Cervone, D., Shoda, Y. (1999). Beyond traits in the study of personality coherence. *Current Directions in Psychological Science*, 8, 27-32.
2. Gauvain, M., (1998). Cognitive development in social and cultural context. *Current Directions in Psychological Science*, 7, 188-192.
3. Goldstein, I., and the Working Group for the Study of Central Mechanisms in Erectile Dysfunction (2000, August). Male sexual circuitry. *Scientific American*, 70-75.
4. Krauss, R. M., (1998). Why do we gesture when we speak? *Current Directions in Psychological Science*, 7, 54-60.
5. Melzack, R. (1992, April). Phantom limbs. *Scientific American*, 120-126.
6. Nelson, C. A. (1999). Neural plasticity and human development. *Current Directions in Psychological Science*, 8, 42-45.
7. Ramachandran, V. S. (1992, May). Blind spots. *Scientific American*, 86-91.
8. Rodier, P.W. (2000, February). The early origins of autism. *Scientific American*, 56-63.
9. Steele, C. M. (1999, August). Thin ice: "Stereotype threat" and black college students. *The Atlantic Monthly*, 44-54.
10. Tsien, J. Z. (2000, April). Building a brainier mouse. *Scientific American*, 62-68.

Rev: 09/2016

2016 Annual Fall Masstesting

Don't forget:

The annual Fall Masstesting runs each fall for 3 weeks only. It is available beginning Wednesday, Sept 14th and goes offline Friday Oct 7th at midnight. Log in to your SONA account to access it. One hour of research credit is awarded for participating. This annual online series of questionnaires takes about 50-60 minutes.